



Gidea Park

PREPARATORY SCHOOL AND NURSERY

Sun Safe Policy

June 2021

Too much exposure to ultraviolet light (UV) radiation from the sun causes sunburn, skin damage and increases the risk of skin cancer. Sun exposure in the first 15 years of life contributes significantly to the lifetime risk of skin cancer.

The main elements of our approach are:

- **Partnership:** working with parents, staff and the wider community to reinforce awareness about sun safety and promote a healthy school.
- **Education:** learning about sun safety to increase knowledge and influence behaviour.
- **Protection:** providing an environment that enables children and staff to stay safe in the sun.

PARTNERSHIP

- Sun safety will be promoted through working with parents, staff and the wider community to improve our understanding and provision to avoid harmful effects of too much exposure to ultraviolet light (UV).
- Staff should act as positive role models and set a good example by seeking out the shade whenever possible and wearing suitable clothing and sunscreen.

EDUCATION

- Parents and guardians will be asked through letters/newsletters to support this policy by encouraging their children to follow the guidelines.
- An assembly will be provided each year for the children to re-enforce the Sun Safe message.
- Staff will regularly reinforce the Sun Safe message through discussion and reminders.

PROTECTION

Shade:

- The playground and play areas have shade provided by the school building and trees. We will provide temporary shade for use during outdoor play as required.
- Children will be encouraged to use the shaded areas during playtimes in sunny weather.

Sunscreen:

- All parents should apply sunscreen to their child in the morning before the start of the school day when the forecast is for sunny weather.
- Parents are required to provide their child with suitable non-aerosol sunscreen of at least factor 15.
- We encourage pupils to take responsibility for reapplying their own sun screen during the school day where appropriate and as instructed by staff.
- By completing and returning the attached permission form you authorise school staff to apply your own child's sunscreen if necessary.
- Pupils are not permitted to use another pupil's sunscreen.

Hats:

- Parents are required to provide children with a school sun cap in sunny weather.

Drinking Water:

- Children are encouraged to increase their water intake in hot weather and are encouraged to drink water during outdoor play times. All children require a water bottle in school as part of their uniform.

Appendix 1 – Letter to parents and permission to apply sunscreen



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Dear Parents

Sun Safe Policy and Parental Consent for the Application of Sunscreen

The school wishes to ensure pupils protect themselves from the sun. To this end we are implementing a Sun Safe Policy.

Please can I ask you to read the attached information (which is also available via the school website) and to complete and return the form below to show that you have received this information and support the School's policy.

The permissions below will remain in place until your child leaves the School or we are notified by you of a change.

Best wishes

Callum Douglas

Headmaster

Sun Safe Policy

Pupil Name.....

- I have read and support the school's Sun Safety Policy.
- I will provide my child with a non-aerosol sunscreen product for use at school and on school outings.
- I will provide my child with school sun cap.
- I give my permission for teachers and support staff to apply the sunscreen I have provided when this is considered necessary.
- I will remind my child that they are not permitted to use another pupil's sunscreen.

Signature Date

Please return completed forms to your child's Form Teacher at your earliest convenience